

Unit 10:**HEALTH AND HYGIENE****A. Language Focus:**

- *Past simple tense* (Thì quá khứ đơn)
- *Imperatives* (Câu mệnh lệnh)

B. Vocabulary:**Section A: Personal hygiene**

1. harvest	(v,n)	:	thu hoạch, mùa gặt
2. helpful	(adj)	:	giúp ích
3. take care of = look after	(v)	:	săn sóc, trông nom
4. iron	(v)	:	là, ủi quần áo
5. own	(adj)	:	riêng, cá nhân
6. be bad for	(v)	:	có hại cho
7. advise	(v)	:	khuyên
=> advice	(n)	:	lời khuyên
8. change	(v)	:	thay đổi
9. probably	(adj)	:	có lẽ
10. brush	(v,n)	:	chải, bàn chải
11. comb	(v,n)	:	chải đầu, cái lược
12. take exercise	(v)	:	tập thể dục
13. suitable	(adj)	:	thích hợp
14. strange	(adj)	:	lạ, xa lạ
15. tidy	(adj)	:	gọn gàng, sạch sẽ

Section B: A bad toothache

1. toothache	(n)	:	đau răng
2. dentist	(n)	:	nha sĩ
3. have an appointment with	(v)	:	có cuộc hẹn với ...
4. be scared of	(adj)	:	sợ = be afraid of
5. hate	(v)	:	ghét
6. drill	(n)	:	cái khoan
7. fill	(v)	:	lấp chỗ trống/ hàn (răng)
8. cavity	(n)	:	lỗ răng sâu
9. surgery	(n)	:	phòng phẫu thuật
10. check	(v)	:	kiểm tra
11. smile (at)	(v)	:	mỉm cười
12. serious	(adj)	:	ng nghiêm trọng
13. less ... than	(adv)	:	ít ... hơn
14. touch	(v)	:	sờ, đụng đến
15. explain	(v)	:	giải thích

C. Exercises:**I. Supply the correct tense or form of the verbs in the brackets:**

1. She never _____ up late at night. (stay)
2. My mother _____ flowers in the garden at the moment. (plant)
3. Why _____ you _____ the party early last night? (leave)
4. Minh _____ to the dentist tomorrow morning. (go)
5. I _____ (brush) my teeth every night, but last night I _____ (forget) to brush them.

6. My sister _____ the dishes after dinner last night. (clean)
7. She _____ to school yesterday because she was sick. (not, go)
8. Our parents _____ here tomorrow night. (be)
9. Cuc practices _____ the piano every Sunday. (play)
10. She'd like _____ her Mom when she's free. (help)
11. I like _____ English in school. (learn)
12. Phuong _____ aerobics yesterday morning. (do)

II. Give the correct form of the word in the brackets:

1. He is a _____ person. (help)
2. My tooth is very _____ now. (pain)
3. Clean teeth are _____ teeth. (health)
4. You should clean your teeth _____. (regular)
5. We are _____ about the final exam. (worry)
6. She always washes and irons her clothes _____. (careful)
7. I'm _____ of hearing the ghost stories. (scare)
8. The people are very _____. (friend)

III. Choose the best answer for the blank:

1. I received a letter _____ your aunt last week.
A. on B. in C. from D. at
2. Her brother is taking morning _____ now.
A. hygiene B. exercises C. breakfast D. homework
3. Don't eat candy or stay _____ late.
A. from B. with C. up D. for
4. We are very happy _____ the final exam.
A. pass B. to pass C. passing D. passed
5. They always _____ their teeth after meals.
A. comb B. wash C. do D. brush
6. Don't worry about me, Mom. I know how to take _____ of myself.
A. care B. careful C. carefully D. careless
7. You must _____ to bed early.
A. go B. went C. going D. to go
8. She's looking _____ in the mirror.
A. himself B. herself C. myself D. itself
9. I hope you _____ me after the harvest.
A. visits B. visiting C. will visit D. visited
10. _____ did she go to the dentist last week? – She had a toothache.
A. When B. What C. Why D. Who
11. You shouldn't eat too much sweet things _____ it's not good for your health.
A. because B. because of C. so D. why
12. I hope that she _____ better soon.
A. feel B. feels C. to feel D. feeling
13. She had to work _____.
A. hard B. hardly C. difficult D. difficulty
14. I was really happy _____ Mark again yesterday.
A. see B. to see C. seeing D. to seeing

15. Few people like _____ on the farm.
 A. work B. to work C. working D. both B and C
16. He's really bad _____ History.
 A. in B. to C. at D. for
17. Her mother wanted her _____ up early.
 A. get B. to get C. getting D. to getting
18. I think you don't have to worry _____ that.
 A. of B. to C. for D. about
19. The dentist smiled _____ him kindly.
 A. with B. at C. to D. on
20. I have a toothache so I'm going to the _____.
 A. nurse B. doctor C. dentist D. teacher
21. We ought not to eat too much candy because it's bad _____ us.
 A. with B. at C. of D. for
22. Mrs. Baker is very _____. She can do a lot of things.
 A. useful B. helpful C. beautiful D. full
23. I'm glad _____ you are well.
 A. hear B. heard C. to hear D. hearing
24. My younger sister _____ a toothache last week.
 A. has B. is having C. had D. will have
25. They are working hard _____ the farm now.
 A. in B. on C. at D. of

IV. Circle the word or phrase that is not standard in English:

1. His tooth hurts so sometimes he forgets to brush his teeth.
 A B C D
2. He doesn't know how to take care for himself.
 A B C D
3. I'll be happy seeing you any day next week.
 A B C D
4. You shouldn't forget comb your hair before you go out.
 A B C D
5. After the dentist filled his tooth, it stopped hurt immediately.
 A B C D
6. Children are usually scared for seeing the dentist.
 A B C D
7. Her brothers like play tennis every weekend.
 A B C D
8. You should remember brushing your teeth everyday.
 A B C D
9. His mother wanted him to not eat too much cake.
 A B C D
10. When did you have to go to the doctor yesterday?
 A B C D